

ON THE BACK ACTIVITIES

WEEK OF _____



MONDAY

1. _____
2. _____
3. _____
4. _____
5. _____

TUESDAY

1. _____
2. _____
3. _____
4. _____
5. _____

WEDNESDAY

1. _____
2. _____
3. _____
4. _____
5. _____

THURSDAY

1. _____
2. _____
3. _____
4. _____
5. _____

FRIDAY

1. _____
2. _____
3. _____
4. _____
5. _____